

SPRING 2025

27TH JAN - 11TH APRIL

active **US**

US
UNIVERSITY
OF SUSSEX

STUDENTS'
UNION

MONDAY
BADMINTON

4-6PM
HALL 2

TUESDAY
BASKETBALL
DEVELOPMENT

3-5PM
HALL 1

TABLE TENNIS

5-6:30PM
HALL 1

FOOTBALL

6:30-8:30PM
FULL 3G

WEDNESDAY
FOOTBALL LEAGUE

12-6PM
SMALL 3G

THURSDAY

BADMINTON
12-2PM
HALL 1

FOOTBALL
4-5:30PM

FULL 3G

SUSSEXSPORT X
RUNSOC 5K ▲
6PM

MEET AT SPORT CENTRE

FRIDAY
TABLE TENNIS

12-1PM
HALL 1 (HALF)

ULTIMATE FRISBEE

12-1PM
HALL 1 (HALF)

VOLLEYBALL
8-10PM

HALL 1

SATURDAY

VOLLEYBALL
4-6PM

HALL 1

SUNDAY
HALL 1

BADMINTON
12-2PM

VOLLEYBALL
2-4PM

NETBALL
4-6PM

SUNDAY
HALL 2

BADMINTON
12-2PM

MIXED
BASKETBALL
2-3:30PM

WOMEN'S
BASKETBALL
3:30-4:30PM

MIXED
BASKETBALL
4:30-6PM

SUNDAY
SQUASH

12:10-3:10PM
SQUASH COURTS



£2
A SESSION

* ALL ENTRIES MUST BE IN BY 31ST JAN
(VIA ONLINE SHOP)

▲ FREE VIA LINK ON
@SUSSEXRUNningsOCIETY INSTAGRAM

SCAN TO BOOK A SESSION OR ENTER
FOOTBALL LEAGUE

SOCIAL • STUDENT-LED • NO COMMITMENT • EVERYTHING PROVIDED